



In the Community

WHAT IS A CSA ANYWAY?

BY JENNY SPRAGUE, CO-OP MEMBER

For those of you who are not familiar with this eating model, C.S.A. stands for Community Supported Agriculture. The objective of a CSA is to create a way for the farmer to sell future food to the community. This is important because it generates an income during the winter months when there is no other money coming in. Very little produce grows in the Upper Valley during January, February, March, etc, which means there is nothing to sell.

We at Edgewater Farm rely on our CSA winter income to pay bills, buy in seeds, run paychecks, crop plan, etc... but the most sincere thing I can say about our CSA, and why we keep coming back to it and love it as a farming model- it's a pretty cool thing to join your tables weekly. For you to fill your kitchen with crops. The hope is for us all to eat in-season, good grown food, and to learn something along the way. There is community in that and it is an honest joy to be a part of it.

Here are just a few of the many local CSAs that you can join:

Edgewater Farm (Plainfield, NH)
www.edgewaterfarm.com/csa



 Mink Meadow Farm (Etna, NH)
www.minkmeadowfarm.com/csa

 Luna Blue Farm (South Royalton, VT)
www.lunablefarm.org/csa

 Root 5 Farm (Fairlee, VT)
www.root5farm.com/about-our-csa-shares.html

Sweetland Farm (Norwich, VT)
www.sweetlandfarmvt.com/csa/options-and-pricing/

 Sunrise Farm (White River Junction, VT)
www.sunrisefarmvt.com/2023csa

 Deep Meadow Farm (Windsor, VT)
www.deepmeadowfarm.net/farm-direct/

 Honey Field Farm (Norwich, VT)
www.honeyfieldfarmvt.com/csa

Cedar Mountain Farm (Hartland, VT)
www.cedarmountainfarm.org/community-supported-agriculture-shares

 Cedar Circle Farm (East Thetford, VT)
www.cedarcirclefarm.org/csa

Local Classes!



Community Learning



Basket Weaving

Date: Saturday, March 18th @ 9am-4pm
Cost: \$175 Registration closes one week prior to event date
Hosted by: **CraftStudies**
In person at **A Lucky Girl Studio in Norwich, VT**



Community Learning



"Early Industry" in West Windsor Sugar Houses

Date: Sunday, March 19th @ 2pm
Cost: FREE! No registration required
In person at **THE GRANGE in Brownsville, VT**



Community Learning



Pruning and Grafting Fruit Trees

Date: Saturday, March 25th @ 1-4pm
or Sunday, March 26th @ 1-4pm
Cost: \$30 Registration required
In person at the **Justin Morrill State Historic Site**