



FALL SCHEDULE

Open Hours

Most Tuesdays & Wednesdays

1-3pm

November 7th & 8th, 14th & 15th, 21st & 22nd

December 12th & 13th, 19th & 20th

Fleece Socks & Slippers

Saturday, December 9th

10am - 12pm



Adult classes are for ages 16 and up.

Class limit 4 / Registration required

Email: info@uppervalleyfood.coop

SEW-OP MISSION

The Sew-op is an educational hub which offers affordable classes and resources to community members of all ages and skill levels to learn fiber crafts. We provide various items, made from donated materials, to the Upper Valley community. Our goal is to empower people through skill-building and repurposing.



The **SEW-OP ROOM** is located upstairs and can be accessed by elevator or stairs.
Need help? Ask a cashier for directions!



UPPER VALLEY FOOD CO-OP
193 N. MAIN STREET, WRJ, VT
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