



APRIL 2024

At the Store

WE'VE GOT YOUR GARDEN NEEDS COVERED!

In-stock Now: Seeds, Potting Soil, and Pansies

Seed potatoes and onion starts are here! The seed potatoes are only \$2.99/lb and we have seven organic varieties. Onion starts are \$1.99/lb, with two varieties available.

We also have a great selection of organic seeds from High Mowing Seeds and FEDCO, both based in New England.



"I wish I'd thought to come to the co-op for seeds! I bought mine online because nowhere had the specific variety I was looking for, and here it is!"

We also have compost from Vermont Compost Company! Varieties available include: Fort Vee Potting Mix, Manure Compost, Compost Plus, and Jolly Roger.



Pansies are here! You can find them outside on our front porch. They come from Four Springs Farms in South Royalton, VT, where they're grown using organic practices in paper containers. The containers do have a fungicide within them, so they are not strictly organic.

Coming Soon: Herb and Veggie Starts

As the snow finally disappears and the weather warms up, keep an eye out for herb starts and veggie starts!

Herb starts will come first, followed by veggie starts in a few weeks. We get these from a variety of different local farms, including Four Springs Farm, Root 5 Farm in Fairlee, and Blue Dragonfly Farm.





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In the Community

CONSERVATION COFFEE HOUR: VERNAL POOL MONITORING WITH STEVE FACCIO

This month's Common Cents featured partner is Vermont Center for Ecostudies. From mountain ridgelines to residential yards, lakeshores to grasslands, their science team investigates a wide range of ecological communities. Attending an event with VCE staff members is a phenomenal way to expand your knowledge about Vermont's natural wonders and get the latest research updates.

During the cold months, they hold a virtual Conservation Coffee Hour, and the last one is on April 12th at 10am. Register on their website at www.vtecostudies.org/events

As the weather warms up, they will offer a variety of on-hands events throughout Vermont, including bee watching, bird monitoring, and old growth forest exploration.



**LET YOUR CASHIER KNOW
YOU'D LIKE TO ROUND UP!**

BOARD IN THE WILD

NEIGHBORING FOOD CO-OPERATIVE ASSOCIATION'S ANNUAL MEETING

Every year, directors from our Board attend educational events within the co-op world, and this year is no different! In March, two of our directors attended the Neighboring Food Co-operative Association's Annual Meeting. NFCA is a co-operative federation bringing together more than 40 Food Co-ops and Startup initiatives across the Northeast. They are working toward a shared vision of a thriving co-operative economy, rooted in a healthy, just and sustainable regional food system and a vibrant community of co-operative enterprise.

Chris Sneddon tells us about one of the many conversations being held at the NFCA Annual Meeting: "One session I attended was focused on how farmers and cooperatives could better work on having an impact on food policies at the state and federal levels. Much of the discussion focused on how to amplify our collective voice through organizations such as NFCA. We heard from representatives of the New England Farmers' Union and the Hanover Co-op Food Stores about how food coops can have a real impact on our political system by doing things as simple as communicating with state and federal legislators regarding food and sustainability policies. Given the upcoming 2024 national elections, some key questions for coops and their members include how can we support civic engagement, and how can we engage legislators effectively."