



FEBRUARY 2024

At the Store

We LOVE our Members!

Our co-op wouldn't exist without our members! So we wanted to celebrate them! On Wednesday, February 14th, members will receive 5% off all purchases! So come stock on your favorite goodies, or treat yourself to something new! The Lilac Deli will be making Valentine's Day cookies!

We have some great sales this month, including Buy One Get One FREE on Aura Cacia Bath Salts! We have nearly a dozen different scents. And if you like something sweet, Hu organic chocolate and Petit Pot puddings are on sale starting Wednesday.



We'll also be celebrating the day with live music and vendor samples! Sandiland & Vincent will be playing their smooth tunes from 3 to 5pm, and we'll have local vendors sampling their products throughout the day. These include RopaNa Wellness, Good Hands Creamery, and Adam's Bliss Balls. And don't forget to enter our free raffle to win yourself some fun goodies!



See you Wednesday!

COFFEE DATE WITH THE BOARD!



Our Board of Directors is hosting a series of Coffee Dates! Enjoy a free cup of delicious Lilac Deli coffee while chatting with current members of the Board. Learn about their goals and vision for the Co-op, their work in policy governance, how they connect with and represent the members of UVFC, and most importantly, let them convince you to join the Board!

Coffee Dates will be Saturdays at 9am

February 17th
March 9th

May 11th
July 13th

Join the Board upstairs in the Co-op Classroom. This event is open to the public, everyone is welcome to participate.

PART-TIME CASHIER (20-24 hrs/wk)

We are looking for a hard-working, friendly person to join our Co-op staff. This is a part-time cashiering position. You must be good with customers, accurate handling cash and customer payments.

Hours can be flexible, but evenings and weekends are a must!

Benefits for part-time positions include 20% off store purchases and paid time off.

UVFC is an equal opportunity employer, and we are committed to providing an inclusive and welcoming environment for all members of our staff.

Join our Team!





FEBRUARY 2024

In the Community

HARTFORD ENVIRONMENTAL STEWARDSHIP MIX AND MINGLE

Have you ever wondered what you can do personally to help our local environment? Come learn about a myriad of local volunteer and community science opportunities right here in Hartford! Thursday February 29, 2024 at 6 pm at the Bugbee Center, the Environmental Stewardship Mix and Mingle will kick off with introductions by local conservation minded groups to a wide variety of local activities such as salamander safety, sustainable trail maintenance, invasive plant mitigation, and planting for pollinators. Then mix and mingle with representatives from the group(s) and fellow community members. The groups attending are:

- Hartford Conservation Commission
- Hartford Tree Board
- Hartford Salamander Team
- Hartford Climate Action Steering Committee
- Hartford Garden Club
- Vermont Center for Natural Sciences (VINS)
- Vermont Center for Ecostudies
- White River Partnership
- Resilient Hartford



Come discover the many different stewardship opportunities and find out how you can personally contribute to Hartford's environment, help our community, and have fun! This event is supported in part by the Upper Valley Food Co-op.

THE GROWING PEACE PROJECT

In 2009 we put in a small garden with the idea that it would serve our food insecure neighbors. That garden and its programs have grown every year.

The Growing Peace Project is a program of Milestone Adventures Inc, a 501(c)(3) educational nonprofit based in Vermont. We offer free learning and service opportunities for youth and adults, both locally and nationally. Our programs are rooted in peace, justice, youth activism, and food security

Our LOCAL programs revolve around food insecurity. We grow a free food teaching garden and orchard dedicated to serving our neighbors in need. We offer home-cooked meals for food shelves, cultivation workshops, children's gardening, STEAM and earth stewardship activities, family cooking classes, and more



Our FEBRUARY partner is...



The Growing Peace Project



Our LOCAL programs are specifically dedicated to our food insecure Vermont and New Hampshire neighbors.