



MARCH 2024

# At the Store

## INTERRUPTIONS TO OUR PRODUCT SUPPLY

Associated Buyers, a distributor of local, specialty, and organic products in New England for the last 40 years, has recently been acquired by Rainforest Distribution. As this transition takes place, there may be some minor disruptions in the supply of products that we offer on our shelves. We will do our best to balance out any gaps for your family's needs. Thank you for your patience as we adjust.



## MEET OUR NEW GROCERY MANAGER!

Mike has worked in a variety of natural food retail and wholesale businesses, and he enjoys helping to bring healthy food to the people. While he's originally from New Jersey, he got married and started his family in Vermont. He's a food and community enthusiast, with a strong interest in and respect for indigenous peoples. He enjoys exploring outdoors by foot or bike, wilderness camping, nature photography, wildlife tracking, and DIY projects.

## SPRING CLEANING

We have been doing some early spring cleaning, with our floors getting their annual wax treatment. This has allowed us to move a few racks out of the way and move around some of our products. We hope it makes your navigating the store a little easier. If you're looking for something that used to be there, just ask and we will direct you to its new home!



## NEW PACKAGING IN THE DELI

The Lilac Deli is trying to reduce their plastic waste! If you grab yourself a sandwich, tell us what you think about the new paper packaging!



## TINA B.

BOARD PRESIDENT

### Favorite Product:

I always try to buy one thing I've never bought before, to keep expanding my food knowledge. My latest memorable new item—Teriyaki Flavored Seaweed!

## COFFEE DATE WITH TINA!

Join Tina and Chris for a free cup of coffee and some friendly conversation at our next Coffee Date with the Board!

Saturday, **March 9th**, 9 to 10am



Member Perk!

## INVENTORY SALE!

We're CLOSED on the 31st!

**March 29th & 30th**

- Save 5% on purchases of \$50-99
- Save 10% on purchases of \$100-199
- Save 15% on purchases of \$200 and over



# REAL ORGANIC PROJECT: VIRTUAL SYMPOSIUM

Rapid consolidation across our food system is limiting consumer choices, inflating prices, and putting farmers out of business. As meat packers, grocery chains, and distributors absorb smaller players and increase their market power, we look to make sense of this grim new reality. How can US antitrust laws play a role in saving organic farmers and ensuring that real organic food remains available? Millions of citizens desperately want such food, and they are losing the choice. How can we best locate and use the institutional acupuncture points that will lead to the future we seek?

Visit [RealOrganicProject.org/symposium-2024](https://RealOrganicProject.org/symposium-2024) to find out more about this event!

## ADDICTION, INCARCERATION, LOVE, AND HOPE

Duncan McDougall, the founding executive director of the Children's Literacy Foundation (CLiF), pioneered a program for incarcerated parents. Here, a shared love of books helps maintain, repair, and strengthen connections between parents and children during times of separation.

Duncan will be giving a talk on **Friday, March 22nd, at 12pm**, as part of the free speaker series "Alternatives in Recovery and Incarceration". This event is presented by Hartford Dismas House and the Howe Library.

You can attend online or in-person, in the Mayer Room of the Howe Library in Hanover, NH. Registration is required to attend online. Find out more at [www.thehowe.org](http://www.thehowe.org)

### Chickenization (noun):

The process of chickenizing, making into a vertically and horizontally integrated industry with all the power at the top.



COMMON CENTS

Our MARCH partner is...



**Dismas of Vermont**

Dismas provides transitional housing for formerly incarcerated people and recruits university students and international volunteers to live in the house. Living in community accomplishes the Dismas mission of reconciliation and continues the original Dismas model.

LET YOUR CASHIER KNOW  
YOU'D LIKE TO ROUND UP!