



OCTOBER 2023

At the Store



OUR ANNUAL MEETING POTLUCK WAS A SMASH!

Thank you to everyone who came out for our Annual Meeting Potluck! We were blessed with beautiful weather for our outdoor gathering. Sandiland & Vincent serenaded us with their folk tunes, and the kids made some stellar chalk art. There were familiar faces, including past boards members, as well as some new faces! We're so happy to have an ever expanding co-op community!



A special thank you to Darrion, our General Manager, and Tina, our Board President, for their presentations on how the co-op is doing. We're so lucky to be in their capable hands.

A co-op is created by the community, for the community, and we only exist because of the support of our members.



Board Election Results

We're happy to announce that new candidate Max Wunderlich was elected to the board alongside those running for re-election: Kerry Rosenthal, Zea Luce, Rio Pires, and Chris Sneddon.



MEMBERS! IT'S TIME TO UPDATE YOUR CONTACT INFO

Did you receive a paper ballot in the mail? If not, then you should update your contact info with us! Board election ballots are the only piece of mail we'll ever send you, but they're an important part of the co-op business model.

HOW TO UPDATE YOUR INFO: We'll have a table with some free goodies for anyone who updates their info, as well as for any customers who decide to become a member! Or you can update your info any time with a cashier, or by sending an email to: info@uppervalleyfood.coop



Join our team!

Visit our website for detailed descriptions of the following positions:

-  **Full Charge Bookkeeper**
30-35 hrs/wk
-  **Deli Clerk**
Part-time or Full-time

To Apply:
email Darrion@uppervalleyfood.coop
or pick up an application at the registers





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In the Community

THE FARMER EMERGENCY FUND

BY ZEA LUCE, BOARD MEMBER

Our October Common Cents featured recipient is the NOFA-VT Farmer Emergency Fund. The Fund, established in 1997, supports organic and NOFA-VT member farmers who have been adversely affected by natural and unnatural disasters. It quickly provides farmers with some needed cash flow in times of an emergency.



This fund was immediately mobilized in July due to the catastrophic flooding. For many of our state's longtime farmers, this was the worst growing season they've ever seen and aren't able to access or qualify for other assistance.

To contribute, round up at the register this month or donate directly on the NOFA-VT website (choosing Farmer Emergency Fund in the drop down "campaign").



ABOUT TOWN – WHITE RIVER JUNCTION

Junction Arts & Media (formerly CATV) is an amazing non-profit located right in downtown White River Junction. They recently partnered up with Vital Communities and King Arthur Baking Company to celebrate climate-friendly farming with films, art, music, and more! Climate Farmer Stories have been exhibited across the Upper Valley, and this project will culminate with the Farm to Film Fest 2023. This will be an all day festival with events and activities taking place at JAM and The Briggs Opera House.

Putnam's Vine/Yard is a recent addition to town, and they've become a great place to socialize. They host a variety of groups, including Co-Working Wednesdays and New Parents Group, as well as plenty of wine classes! On Sunday, October 22nd, they are hosting the Norwich Bookstore's first Grown-up Book Fair! There will be a great collection of fall- and spooky-themed books to choose from!

And while you're in town, don't forget to check out Craft Studies right across from the Town Hall building. They are having their annual Bowlfest on October 21st, and one of the soup options will be from our own Lilac Deli!



Our OCTOBER partner is...



FARMER EMERGENCY FUND

The Farmer Emergency Fund supports organic and NOFA-VT member farmers who have been adversely affected by natural and unnatural disasters.

Community Learning

Sew-op Open Hours

Mon, Oct 16th 5:30-7pm

Upper Valley Food Co-op in WRJ
FREE

Honey Field Halloween:

crafts, games, and food trucks!

Fridays in October 5-9pm

Honey Field Farm in Norwich, VT
sliding scale \$5-\$25

Farm to Film Fest 2023

Sat, Oct 21st 10am-10pm

JAM and The Briggs Opera House
in WRJ, VT

\$10-\$40 for workshops

Seeds of Resilience: The Cultural Dimension of Plant Biodiversity

Mon, Oct 23rd 4pm

Dartmouth College, Steele Hall 006
OR via Zoom

FREE

Poetry Writing Workshop

Wed, Oct 25th 5:30-7pm

Howe Library in Hanover, NH
OR via Zoom

FREE - registration required